



APRIL



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Family Resource Center 652 Old Bear Creek Rd 830-629-0659	2 Active Parenting 5:30 - 7pm 	3 Stroller Strides 9:30 - 10:30am 	4	5 Mothers & Babies 9:30-11am	6
7	8	9 Learn & Grow Playtime 10-11am Car Seat Safety Checks 9am-12pm Active Parenting 5:30-7pm 	10 Breastfeeding & Pumping Support 10:30 am 	11	12 Mothers & Babies 9:30-11am	13
14	15	16	17	18	19 Mothers & Babies 9:30-11am	20
21	22	23 Fatherhood Forum 6 pm 	24	25 Work Force Solutions 9am - 12pm 	26 Mothers & Babies 9:30-11am	27 Baby Day 2024 9am - 12pm NBPL Westside Branch
28 	29 	30		 APRIL IS NATIONAL CHILD ABUSE PREVENTION MONTH		 Pinwheels for PREVENTION Prevent Child Abuse America

Active Parenting Classes - A six week group parenting class to support the growth and development of children through the family structure by providing parents and other caregivers the information and skills necessary to prepare their children to survive and thrive in society.

Celebrate Baby Day with us! All precious ones aged 0-3 years, along with their caregivers, are invited to join the fun on **April 27th from 9 am to 12 pm**. The event takes place at the **New Braunfels Public Library Westside Branch**. Registration is free, and the first 100 babies to join will receive a special developmental activity bag! Let's make memories together through play and laughter!

Breastfeeding & Pumping Support - In partnership with La Leche League, we welcome anyone who is pregnant, nursing, hand expressing, exclusively pumping, combination feeding, providing their own milk or donor milk for a child for support and education. Meetings are held in person at our Family Resource Center and virtually.



Fatherhood Forum - Enhance your journey to becoming a better father, partner and friend! Join us to learn more about strengthening relationships! Join via zoom!

Free Community Car Seat Inspection - Come get your car seat professionally checked by a nationally certified Child Passenger Safety Technician (CPST) at our Family Resource Center. There is no cost for inspections or assisted installations. Educational resources will be provided to enable the continued safe use for the life of the car seat.

Infant Massage - 4-Week Class Series designed to connect you and baby through relaxation techniques, massage strokes, and information about the benefits of massage for baby! Returning in May at NBPL Westside Branch.

Learn & Grow Playtime - Learn & Grow provides a safe and happy environment for little explorers of all ages to learn, play, craft, and develop social skills. Learn & Grow also provides an opportunity for parents and children to connect, build friendships, and learn about other activities and groups within their community. Join us at our Family Resource Center!

Mothers & Babies - Our Mothers & Babies support group is customized for pregnant individuals & new mamas to offer support through their postpartum journey. We concentrate on three key areas: increased engagement in pleasant activities, fostering healthier thought patterns, & enhancing social support.



Stroller Strides - Stroller Strides® is a 60-minute total-body workout with strength, cardio, and core training, all while engaging the little ones in a stroller! You'll leave class feeling strong, empowered, connected, and energized—no matter your stage of motherhood. Workouts are held in person at our Family Resource Center.



Workforce Solutions - Join us during this time to meet with a local Workforce Solutions Rep for employment opportunities, resume assistance, or guidance on where to begin your job search. Our FRC has an open play-space for children to enjoy while you engage with WFS services.

