

MARCH

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

SJRC Texas Family Resource Center
 652 Old Bear Creek Rd
 New Braunfels, Tx 78132
 830-629-0659

1	2	3	4	5  Mothers & Babies 6-Week Series Starts! 9:30am-11am	6	7
8	9 Community Open Play 9am-11am	10 Nurturing Fathers 12 Week Series Starts! 5:30pm 	11 La Leche League Support Group 10:30 am  Fatherhood Forum 6pm	12 Happy Baby Hour 1pm-2pm	13	14
15	16 Safe Riders Class 9:30am-11am <small>Texas Department of State Health Services</small> Safe Riders <small>Child Passenger Safety Education and Training Program</small>	17	18	19 Fatherhood Forum 6pm 	20	21
22	23 Community Open Play 9am-11am	24 Potty Party New Braunfels Public Library 9:30am-10:30am	25 Fatherhood Coalition 2:30pm 	26 Happy Baby Hour 1pm-2pm	27	28 
29	30	31	Fatherhood Forum 6pm			



Family Enrichment Programing

Mothers & Babies- Our Mothers & Babies support group is customized for pregnant individuals & new mamas to offer support through their postpartum journey. We concentrate on three key areas: increased engagement in pleasant activities, fostering healthier thought patterns, & enhancing social support.



Community Open Play - Come join us on select **Mondays from 9am-11am for free open play!** Inside, we have two playrooms where you can engage with your infant, read to your toddler, enjoy crafts, pretend play, explore sensory activities, and more. Outside, there's a playground with water play and scenic walking trails for everyone to enjoy M-F 9am-4pm. We invite all families to come and have fun with us!

Nurturing Fathers - Nurturing Fathers a 12 week group parenting class for male caregivers with the goal of improving family functioning, facilitating greater communication among family members, and helping to reduce family disruption. Every child deserves a nurturing father- A man who actively provides guidance, love and support to enhance the development and growth of children for whom he cares.

La Leche League Support Group - In partnership with La Leche League, we welcome anyone who is pregnant, nursing, hand expressing, exclusively pumping, combination feeding, providing their own milk or donor milk for a child for support and education. Meetings are held in person at our Family Resource Center.



Fatherhood Forum – Enhance your journey to becoming a better father, partner, and friend! Join in for support at our FRC or virtually every 3rd Thursday of the month via Zoom at 6 PM.



Happy Baby Hour - Bring your little one to share smiles and make friends. Enjoy engaging with your infants through sensory play, tummy time while interacting with others to boost their development. Learning through play is so much more fun together!

Safe Riders Class - The Safe Riders Program offers child passenger safety education to parents and caregivers in Texas to keep children safe while riding in cars. Registration is required and free car seats are available for qualifying parents/caregivers. Families can call the Family Resource Center at 830-609-0659 to register.



Potty Party – Learning to use the potty should be a celebration! Join us to learn more about this developmental process. Read potty books, sing encouraging songs, and have a party to celebrate being able to “go”!

Fatherhood Coalition – Join our community conversation about fatherhood with local dads, community partners, and professionals. Together, we can shape and strengthen our community. Coalition meetings are held every 4th Wednesday of the following months January, March, May, July, September, November. March will meet via Zoom.

