


MAY


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SJRC Texas Family Resource Center 652 Old Bear Creek Rd New Braunfels, Tx 78132 830-629-0659</p>					1 Community Open Play 11am-1pm	2
3	4	5 CINCO DE MAYO	6	7 Happy Baby Hour 1pm-2pm	8 Community Open Play 11am-1pm	9
10 	11 Safe Riders Class 9:30am-11am <small>Texas Department of State Health Services Child Passenger Safety Education and Training Program</small>	12 Infant Massage 4-Week Series Begins NBPL - Westside 9:30am-10:30am	13  La Leche League Support Group 10:30am Fatherhood Forum 6pm	14	15 Community Open Play 11am-1pm	16
17	18	19	20 Nurturing Fathers Series Starts 5:30pm-7pm 	21 Happy Baby Hour 1pm-2pm Fatherhood Forum 6pm 	22 Mothers & Babies @ RCA 9:30am-11am  Community Open Play 11am-1pm Manicures for Mama 12pm-2pm 	23 
24	25 MEMORIAL DAY  REMEMBER AND HONOR 	26	27 Fatherhood Coalition 2:30pm  Fatherhood Forum 6pm	28	29 Community Open Play 11am-1pm	30
31						


Family Enrichment Programing


Community Open Play - Come join us on **Fridays from 1pm-3pm for free open play!** Inside, we have two playrooms where you can engage with your infant, read to your toddler, enjoy crafts, pretend play, explore sensory activities, and more. Outside, there's a playground with water play and scenic walking trails for everyone to enjoy M-F 9am-4pm. We invite all families to come and have fun with us!

Happy Baby Hour - Bring your little one to share smiles and make friends. Enjoy engaging with your infants through sensory play, tummy time while interacting with others to boost their development. Learning through play is so much more fun together!


Safe Riders Class - The Safe Riders Program offers child passenger safety education to parents and caregivers in Texas to keep children safe while riding in cars. Registration is required and free car seats are available for qualifying parents/caregivers. Families can call the Family Resource Center at 830-609-0659 to register. 



Infant Massage - This series is designed to help you connect with your baby through relaxation techniques, soothing massage strokes, and valuable information about the benefits of infant massage! We are excited to offer this 4-week series on Tuesdays at New Braunfels Public Library - Westside Branch. Anyone important to your baby is encouraged to join in on this special bonding experience. 


La Leche League Support - In partnership with La Leche League, we welcome anyone who is pregnant, nursing, hand expressing, exclusively pumping, combination feeding, providing their own milk or donor milk for a child for support and education. Meetings are held in person at our Family Resource Center. 

Fatherhood Forum - Enhance your journey to becoming a better father, partner, and friend! Join in for support at our FRC or virtually every 3rd Thursday of the month via Zoom at 6 PM. 

Manicures for Mom - Mamas, have you stopped by our FRC yet? We'd love to welcome you to a special afternoon of connection, self-care, and community! Enjoy a **tour** of our space, **learn** about the programs and support we offer families, **relax** in our massage chair, and **treat** yourself to a **fresh manicure**. 🛠️🌟 Come take a little time for you — you deserve it!

Nurturing Fathers - Nurturing Fathers a 12 week group parenting class for male caregivers with the goal of improving family functioning, facilitating greater communication among family members, and helping to reduce family disruption. Every child deserves a nurturing father - A man who actively provides guidance, love and support to enhance the development and growth of children for whom he cares. 

Mothers & Babies- Our Mothers & Babies support group is designed for pregnant individuals and new mamas as they navigate pregnancy and the postpartum journey with care and support. Over this 6-week series, we'll focus on three key areas: increasing engagement in enjoyable activities, building healthier thought patterns, and strengthening social support. Sessions will be held **Friday mornings, May 22-June 26, at River City Advocacy**.  

Fatherhood Coalition - Join our community conversation about fatherhood with local dads, community partners, and professionals. Together, we can shape and strengthen our community. Coalition meetings are held every 4th Wednesday of the following months January, March, May, July, September, November. 



Scan to visit our Facebook page, then click the Events tab to learn more about upcoming events.