

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SJRC Texas Family Resource Center 652 Old Bear Creek Rd New Braunfels, Tx 78132 830-629-0659						1
2	3 Infant Massage Tye Preston Memorial Library 10am-11am	4	5 Car Seat Safety Inspections @ Gabriel Project 9am-11am 	6 Infant Massage New Braunfels Public Library - Common 10am-11am Nurturing Fathers Lunch & Learn Series Begins 12pm 	7 Community Open Play 11am-1pm	8 La Leche League Latch On Event 10:30am-12:30pm
9	10 La Leche League Support Group Virtual @ 9:30am  Infant Massage Tye Preston Memorial Library 10am-11am 	11	12 La Leche League Support Group 10:30am 	13 Infant Massage New Braunfels Public Library - Common 10am-11am	14 Community Open Play 11am-1pm	15
16	17 Infant Massage Tye Preston Memorial Library 10am-11am	18	19 Mothers & Babies Virtual Series! 10am-11:30am 	20 Infant Massage New Braunfels Public Library - Common 10am-11am Happy Hour 1pm-2pm Fatherhood Forum 6pm 	21 Community Open Play 11am-1pm	22
23	24 Infant Massage Tye Preston Memorial Library 10am-11am	25	26 Mothers & Babies Virtual Series! 10am-11:30am  Fatherhood Engagement Training 2:30pm Nurturing Fathers Series Begins 5:30pm-7pm 	27 Infant Massage New Braunfels Public Library - Common 10am-11am	28 Community Open Play 11am-1pm	29 Birth Wishes & Belly Kisses NBPL - Westside 10am-12pm 
30	31					

Family Enrichment Programing

Baby Sign Language - Join us as we explore the basics of communicating with your little one through sign language. Designed just for tiny tots aged 6 to 18 months, this class is a playful exploration of gestures and signs that make understanding each other a joyful experience.

Birth Wishes & Belly Kisses Event - Join us for a meaningful event celebrating the beauty of pregnancy, birth, and the powerful journey into parenthood. This special gathering offers a unique blend of informative and creative sessions led by SJRC Texas Certified Breastfeeding Counselors.

Community Open Play - Come join us on **Fridays from 1pm-3pm for free open play!** Inside, we have two playrooms where you can engage with your infant, read to your toddler, enjoy crafts, pretend play, explore sensory activities, and more. Outside, there's a playground with water play and scenic walking trails for everyone to enjoy M-F 9am-4pm. We invite all families to come and have fun with us!

Fatherhood Engagement Training - Help support father-friendly services within your community by attending one of our free trainings. SJRC Texas' Fatherhood Engagement Training provides community partners and businesses with education, awareness, and tips on creating a father-inclusive culture. Contact us today to register!



Fatherhood Forum - Enhance your journey to becoming a better father, partner, and friend! Join in for support at River City Advocacy or virtually every 3rd Thursday of the month via Zoom at 6 PM.

Happy Baby Hour - Bring your little one to share smiles and make friends every 4th Thursday of the month. Enjoy engaging with your infants through sensory play, tummy time while interacting with others to boost their development. Learning through play is so much more fun together!

Infant Massage - This series is designed to help you connect with your baby through relaxation techniques, soothing massage strokes, and valuable information about the benefits of infant massage! Anyone important to your baby is encouraged to join in on this special bonding experience.



La Leche League Support - In partnership with La Leche League, we welcome anyone who is pregnant, nursing, hand expressing, exclusively pumping, combination feeding, providing their own milk or donor milk for a child for support and education. Meetings are held in person at our Family Resource Center.



Latch On Event - The Big Latch On is an annual event where families and communities come together to celebrate and support infant feeding in all its forms, including breastfeeding, chest feeding, pumping, formula, and bottle feeding. Join in for support by connecting with area agencies at the breastfeeding resource fair and Latch On picture.

Mothers & Babies - Our Mothers & Babies support group is designed for pregnant individuals and new mamas as they navigate pregnancy and the postpartum journey with care and support. Over this 6-week series, we'll focus on three key areas: increasing engagement in enjoyable activities, building healthier thought patterns, and strengthening social support. Sessions will be held **via Zoom on Wednesday mornings starting August 19th!**



Nurturing Fathers - Nurturing Fathers a 12 week group parenting class for male caregivers with the goal of improving family functioning, facilitating greater communication among family members, and helping to reduce family disruption. Every child deserves a nurturing father - A man who actively provides guidance, love and support to enhance the development and growth of children for whom he cares.



Car Seat Safety Inspections - Proper use of car safety seats helps protect children while in a vehicle. When used correctly, car seats can reduce the risk of death in a collision by as much as 71%. Drive through our inspection line to check to make sure your child's car seat is installed properly and receive car side installations. Free car seats are available for qualifying parents/caregivers. **Our location this month is at Gabriel Project.**



Scan to visit our Facebook page, then click the Events tab to learn more about upcoming events.

