November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Infant Massage 10am-11:am 	4 La Leche League Support Group 10:30am Fatherhood Forum @ RCA 6pm	5	6 Mothers & Babies @ Mammen 9:30am-11am Community Open Play 11am-1pm	7 Daddy & Me Story Time @ New Braunfels Public Library 10am-11am
8	9 La Leche League Support Group Virtual 9:30am Baby Signs @ Seguin Public Library 9:30am-10:15am en Español 10:30am-11:15am	10 Infant Massage 10am-11:am	11 VETERANS DAY HONORING ALL WHO SERVED CLOSED	12	13 Car Seat Safety Inspections @ Gabriel Project 9am-11am Community Open Play 11am-1pm	14
15	16	17 Infant Massage 10am-11:am	18 Lactation Brunch & Parent Café 10am-11:30am Fatherhood Forum @ RCA 6pm	19 Happy Baby Hour 10am Fatherhood Engagement Training 2:30pm Fatherhood Forum 6pm	20 Community Open Play 11am-1pm	21
22	23 Nurturing Fathers Series Begins 5:30pm-7pm	24 Infant Massage 10am-11:am	25	26 happy thanksgiving CLOSED	27 CLOSED	28
29	30					

SJRC Texas Family Resource Center
652 Old Bear Creek Rd.
New Braunfels, Tx 78132
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parents as teachers BLUE RIBBON AFFILIATE SJRC TEXAS | Belong

Family Enrichment Programing

Baby Sign Language - Join us as we explore the basics of communicating with your little one through sign language. Designed just for tiny tots aged 6 to 18 months, this class is a playful exploration of gestures and signs that make understanding each other a joyful experience. This month we will be offering our Baby Signs class in English and Spanish! Join us at Seguin Public Library (313 W Nolte St. Seguin, Tx) for one or both.
9:30am: English Baby Signs & 10:30am: Señas para Bebés en Español

Car Seat Safety Inspections - Proper use of car safety seats helps protect children while in a vehicle. When used correctly, car seats can reduce the risk of death in a collision by as much as 71%. Drive through our inspection line to check to make sure your child's car seat is installed properly and receive car side installations. Free car seats are available for qualifying parents/caregivers. Our location this month is at Gabriel Project (198 W Zink St. New Braunfels, Tx).

Community Open Play - Come join us on **Fridays from 1pm-3pm for free open play!** Inside, we have two playrooms where you can engage with your infant, read to your toddler, enjoy crafts, pretend play, explore sensory activities, and more. Outside, there's a playground with water play and scenic walking trails for everyone to enjoy M-F 9am-4pm. We invite all families to come and have fun with us!

Daddy & Me Story Time - Strengthen the bond with your little one while enjoying the magic of storytelling. Dads, your child loves hearing your voice! Dads and families are invited to enjoy a special book reading with the theme of "Where the Wild Things Are!" Come dressed to enjoy story time in your favorite monster costume, take fun pictures as a family and enjoy a reading with dad!

Fatherhood Engagement Training - Help support father-friendly services within your community by attending one of our free trainings. SJRC Texas' Fatherhood Engagement Training provides community partners and businesses with education, awareness, and tips on creating a father-inclusive culture. Contact us today to register!

Fatherhood Forum - Enhance your journey to becoming a better father, partner, and friend! Join in for support at River City Advocacy or virtually every 3rd Thursday of the month via Zoom at 6 PM.

Happy Baby Hour - Enjoy engaging with your infants through sensory play, tummy time while interacting with others to boost their development. Learning through play is so much more fun together - Fascinating Fingers & Puppets with Music

Infant Massage - This series is designed to help you connect with your baby through relaxation techniques, soothing massage strokes, and valuable information about the benefits of infant massage! Anyone important to your baby is encouraged to join in on this special bonding experience.

La Leche League Support - In partnership with La Leche League, we welcome anyone who is pregnant, nursing, hand expressing, exclusively pumping, combination feeding, providing their own milk or donor milk for a child for support and education. Meetings are held in person at our Family Resource Center.

Mothers & Babies- Our Mothers & Babies support group is designed for pregnant individuals and new mamas as they navigate pregnancy and the postpartum journey with care and support. Over this 6-week series, we'll focus on three key areas: increasing engagement in enjoyable activities, building healthier thought patterns, and strengthening social support.

Nurturing Fathers - Nurturing Fathers a 12 week group parenting class for male caregivers with the goal of improving family functioning, facilitating greater communication among family members, and helping to reduce family disruption. Every child deserves a nurturing father - A man who actively provides guidance, love and support to enhance the development and growth of children for whom he cares.

Scan to visit our Facebook page, then click the Events tab to learn more about upcoming FRC programming.