

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SJRC Texas Family Resource Center 652 Old Bear Creek Rd New Braunfels, Tx 78132 830-629-0659				1	2 Mothers & Babies Mammen Public Library 9:30am-11am Community Open Play 11am-1pm	3
4	5 Infant Massage Seguin Public Library 10am-11am	6	7 Car Seat Safety Inspections @ Gabriel Project 9am-11am  Fatherhood Forum @ RCA 6pm	8	9 Mothers & Babies Mammen Public Library 9:30am-11am Community Open Play 11am-1pm	10
11	12 	13	14 La Leche League Support Group 10:30am 	15 Fatherhood Forum Virtual 6pm-7pm 	16 Mothers & Babies Mammen Public Library 9:30am-11am Community Open Play 11am-1pm	17
18	19	20	21 Nurturing Fathers Series Begins 5:30pm-7pm Fatherhood Forum @ RCA 6pm	22 Happy Hour 1pm-2pm 	23 Mothers & Babies Mammen Public Library 9:30am-11am Community Open Play 11am-1pm	24 
25	26	27	28 Infant Massage Introduction Mammen Public Library 10:30am-11:30am	29	30 Mothers & Babies Mammen Public Library 9:30am-11am Community Open Play 11am-1pm	31 HAPPY Halloween

Family Enrichment Programing

Car Seat Safety Inspections - Proper use of car safety seats helps protect children while in a vehicle. When used correctly, car seats can reduce the risk of death in a collision by as much as 71%. Drive through our inspection line to check to make sure your child's car seat is installed properly and receive car side installations. Free car seats are available for qualifying parents/caregivers. **Our location this month is at Gabriel Project.**



Community Open Play - Come join us on **Fridays from 1pm-3pm for free open play!** Inside, we have two playrooms where you can engage with your infant, read to your toddler, enjoy crafts, pretend play, explore sensory activities, and more. Outside, there's a playground with water play and scenic walking trails for everyone to enjoy M-F 9am-4pm. We invite all families to come and have fun with us!

Fatherhood Forum - Enhance your journey to becoming a better father, partner, and friend! Join in for support at River City Advocacy or virtually every 3rd Thursday of the month via Zoom at 6 PM.



Happy Baby Hour - Bring your little one to share smiles and make friends every 4th Thursday of the month. Enjoy engaging with your infants through sensory play, tummy time while interacting with others to boost their development. Learning through play is so much more fun together - Explore Textures & Sounds through Sensory Ball and Crinkle Book Play

Infant Massage - This series is designed to help you connect with your baby through relaxation techniques, soothing massage strokes, and valuable information about the benefits of infant massage! Anyone important to your baby is encouraged to join in on this special bonding experience.

La Leche League Support - In partnership with La Leche League, we welcome anyone who is pregnant, nursing, hand expressing, exclusively pumping, combination feeding, providing their own milk or donor milk for a child for support and education. Meetings are held in person at our Family Resource Center.



Nurturing Fathers - Nurturing Fathers a 12 week group parenting class for male caregivers with the goal of improving family functioning, facilitating greater communication among family members, and helping to reduce family disruption. Every child deserves a nurturing father - A man who actively provides guidance, love and support to enhance the development and growth of children for whom he cares.

Mothers & Babies- Our Mothers & Babies support group is designed for pregnant individuals and new mamas as they navigate pregnancy and the postpartum journey with care and support. Over this 6-week series, we'll focus on three key areas: increasing engagement in enjoyable activities, building healthier thought patterns, and strengthening social support.



Community Event

Roll & Read - Roll on over to the Landa Park Dance Slab with your kiddos for a fantastic morning of literacy and fun! Bring your bikes, skates, strollers, and wagons—all are welcome! Dress up in your favorite story book character costume! The first 100 kids to arrive get a FREE Roll & Read T-shirt & Goodie Bag!

Scan to visit our Facebook page, then click the Events tab to learn more about upcoming FRC programming.

